



Erasing the "T": Resources from the Inclusion Allies Coalition

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THE LEGISLATIVE FRAMEWORK: EXECUTIVE ORDERS



Executive Orders: Explainers and Resources from PFLAG

There is no escaping the realities of what has been taking place in the federal government since January 20, 2025, especially regarding Executive Orders (EOs). In 2025, there were more than 600 anti-LGBTQ+ bills in the U.S. As of early 2026, the Federal landscape has shifted significantly with executive actions aimed at restricting LGBTQ+ rights, targeting gender-affirming care, reversing Biden-era protections. These actions face immediate legal challenge, while state-level legislation continues to target transgender sports participation, bathroom access and care. (HRC)

These actions have been far-reaching yet not unexpected, ranging from redefining the identities and experiences of our trans, nonbinary, and intersex loved ones to redefining birthright citizenship, from ending DEI initiatives to ending the United States' participation in the World Health Organization.

While the EOs are angering and frightening, it's important to remember that few EOs can change policy immediately, nor can they immediately change regulations nor the law as established through statutes and the courts; litigation has followed challenging many of these Executive Orders.

The Link below takes you to the EOs, sorted by topic—anti-LGBTQ +, anti-DEI and accessibility, anti-immigration, and anti-reproductive health—with helpful explainers from our many legal and policy partners plus resources to support your advocacy and messaging efforts around them.

On the following page, we have provided links to the Executive Orders, as named and written, directly from the White House. Please set your boundaries and know that our explainers share what you need to know without encountering harmful language.

This linked PFLAG page below will be updated frequently with more news and resources; please consider bookmarking and sharing it.

<https://pflag.org/resource/executive-orders/>





EXECUTIVE ORDERS

Links to the EO's Directly Impacting the LGBTQ+ Community

[Defending Women From Gender Ideology Extremism And Restoring Biological Truth To The Federal Government](#) (Jan 20)

["Reforming the Federal Hiring Process and Restoring Merit to Government Service"](#) (Jan. 20)

["Ending Radical and Wasteful Government DEI Programs and Preferencing"](#) (Jan. 20)

["Realigning the United States Refugee Admissions Program"](#) (Jan. 20)

["Protecting the Meaning and Value of American Citizenship"](#) (Jan. 20)

["Initial Rescissions of Harmful Executive Orders and Actions"](#) (Jan. 20)

[Ending Illegal Discrimination And Restoring Merit-Based Opportunity](#) (Jan 21)

["Enforcing the Hyde Amendment"](#) (Jan. 24)

["Prioritizing military excellence and readiness"](#) (Jan. 27)

[Ending Illegal Discrimination And Restoring Merit-Based Opportunity](#) (Jan. 27)

[Restoring America's Fighting Force](#) (Jan. 27)

[Protecting Children from Chemical and Surgical Mutilation \(gender-affirming care\)](#) (Jan. 28)

[Ending Radical Indoctrination in K-12 Schooling](#) (Jan. 29)

What EO's Mean for the LGBTQ+ Community from HRC

President Trump signed several executive orders that directly impact LGBTQ+ individuals, particularly transgender, non-binary, and intersex people. These include:

- Placing restrictions on federal gender markers, such as passports, that require a person to use their sex assigned at birth. While the White House has said that intends to continue honoring previously issued unexpired passports that reflect a person's gender identity, including an X, they will not renew or issue new passports that reflect anything other than assigned sex at birth.
- Reinstating and expanding the military ban on transgender service members, which will exclude qualified individuals from serving in critical roles and impact thousands who are currently serving.
- Reinstating the Global Gag Rule, which would block funding for reproductive healthcare organizations worldwide, disproportionately affecting LGBTQ+ people, women, and girls.
- Directing agencies to take action to prevent gender-affirming care from being provided to people under the age of 19. The Order directs many avenues of action, including removing coverage for gender-affirming care from federal health insurance policies, modifying requirements under the Affordable Care Act, and - very important-- preventing hospitals or other medical providers who accept Medicare or Medicaid, or who receive federal funding for research or education, from providing gender-affirming care, including puberty blockers or other medication.
- Attempting to, dictate to students, their parents, and educators what they can read, learn, say, and who they can be. The order encourages criminal prosecutions of teachers for affirming LGBTQ+ students and suggests that supporting LGBTQ+ young people is unpatriotic and anti-American.
- Prohibiting transgender girls from participating in high school sports teams that align with their gender identity and expose students to harassment, discrimination, and division.

Source: Human Rights Campaign

<https://www.hrc.org/news/understanding-executive-orders-and-what-they-mean-for-the-lgbtq-community>



**Ban on Transgender
Service Members**

LGBTQI+ Organizations (A4TE) Explain Trans Healthcare EO

This executive order seeks to prohibit access to healthcare for many trans young people. It attempts to do this by restricting federal funding from being used for gender-affirming care. It continues the Trump Administration's extreme and unconstitutional attacks on trans and intersex people across the nation, who already face widespread discrimination. While it will take time to implement the provisions of this executive order, the ultimate goal of these attacks is to make it illegal for trans and intersex young people to work with the doctors and other healthcare providers who will support them in getting the medical care they need.

The legal and policy teams across Advocates for Trans Equality, interACT, National Women's Law Center, Transgender Law Center, Planned Parenthood, Center for Constitutional Rights, and National LGBTQI+ Cancer Network offer both an overview and an in-depth analysis of President Trump's recent executive order targeting transgender healthcare.

On January 28th, President Donald Trump issued an executive order attacking access to gender-affirming care. The purpose of this executive order is to direct federal agencies to develop and enforce new, revised, and existing regulations that would try to prohibit the provision of gender-affirming care to adolescents aged 18 and younger. Executive orders are formal directions by the President to express their expectations regarding how the federal government will operate. These orders also express desires by the President for agency heads to create new regulations based on the President's political priorities. It's important to remember that this action by the President **does not** change existing laws or court decisions. Instead, it calls for changes to how federal agencies enforce the laws that Congress passes and prompts some agencies to create additional regulations/policies within a recommended time frame.

<https://transequality.org/news/analysis-lgbtqi-organizations-explain-trans-healthcare-executive-order>

Learn more:

[Explaining the anti-trans healthcare executive order](#)
[Analyzing the order's policy, purpose and directives](#)

A photograph of a hospital room with a purple tint. A doctor in a white coat stands by a patient's bed, talking to the patient. The room has a window with blinds and a ceiling light fixture.

Ban on
Gender-Affirming
Care

Legal Challenges: Fighting Back The Human Rights Campaign

Many of these executive orders are already facing legal challenges — including from the Human Rights Campaign, which joined with Lambda Legal to bring a lawsuit to block the transgender military ban.

LGBTQ+ people have statutory and constitutional protections, particularly when it comes to employment and access to shelters. Even if an agency will not accept complaints or enforce rights, generally, people still have the right to sue if the President's EO violates their rights.

The fight for LGBTQ+ rights has been long and difficult, but progress has always been made through resilience, activism, and the law. HRC and our community, millions of LGBTQ+ individuals and supporters strong, will continue to show up against discriminatory policies and demand equal rights and protections.

Each of us should stay informed and engaged. Showing up for our community and advocating at every level for LGBTQ+ rights are crucial ways to resist harmful policies. We must continue to show up in the face of discrimination and remind everyone that equality is non-negotiable. The strength and determination of our community will ensure that we continue to push for a future where equality is not optional.

We are here. We are strong. We are fighting back. Together, we will continue to fight against discrimination and ensure that we are all treated with the dignity and respect we deserve.

<https://www.hrc.org/news/understanding-executive-orders-and-what-they-mean-for-the-lgbtq-community>



A diverse group of people, including men and women of various ethnicities, are seated in a lecture hall. They are looking towards a screen at the front of the room. The screen displays the text 'LGBTQ+' in large, bold, white letters, with 'RESOURCES AND SERVICES' in smaller, bold, white letters below it. The room is dimly lit, with a blueish-purple hue. There are several decorative elements on the wall, including a globe and several smaller circular objects. A potted plant is visible on the right side of the room.

LGBTQ+

RESOURCES AND SERVICES

RESOURCES AND SERVICES

Resource Links Shared by PFLAG

SAFETY AND SUPPORT



988 Suicide & Crisis Lifeline – LGBTQ+ Support

<https://988lifeline.org/help-yourself/lgbtq/>

Crisis and Support Hotlines

National and LGBTQ crisis resources

<https://pflag.org/resource/support-hotlines/>

ACLU – LGBTQ Rights

<https://www.aclu.org/issues/lgbtq-rights>

Transgender Law Center + Repro Legal Defense Fund

<https://transgenderlawcenter.org>

Trans Lifeline Safety and Support Resources

<https://translifeline.org/resources/>

DeleteMe – Protect Personal Data Online

<https://joindeleteme.com>

FACTS



Movement Advancement Project – Equality Maps

Track LGBTQ equality laws and policies across U.S.

<https://www.lgbtmap.org/equality-maps>

ACLU Anti-LGBTQ Legislation Tracker

Track anti-LGBTQ legislation nationwide

<https://www.aclu.org/legislative-attacks-on-lgbtq-rights>

PEN America Book Ban Report

Research on book bans and censorship affecting LGBTQ voices

<https://pen.org/report/book-bans/>

Human Rights Campaign – LGBTQ Policy and Research Resources

<https://www.hrc.org/resources>

ADVOCACY



PFLAG National Advocacy Tools – Join the Fight

<https://pflag.org/jointhef>

Advocacy Video Training Series – “Advocacy in 10

<https://pflag.org/resource/2025-advocacy-10-minutes/>

501(c)(3) Advocacy Guidelines

<https://pflag.org/resource/501c3-advocacy-guidelines/>

PFLAG Academy (On-Demand)

Advocacy at All Levels: Making Your PFLAG Voice Heard

<https://pflag.org/resource/pao-advocacy-all-levels/>

Working with Media

<https://glad.org/reference/>

National Services and Resources for Trans People and Their Families Shared by Keshet

Keshet is sharing this resource list so that you, your loved ones, and your community members can find the support needed.

LEGAL



- [Advocates for Trans Equality](#): Legal and political support for transgender folks
[Webpage](#) to the state-by-state info
[Transgender Law Center](#): Legal services and advocacy
[Sylvia Rivera Law Project](#): Legal services
[Trans Doe Task Force](#): Legal services
[Southern Legal Council](#): Legal services
[ACLU](#): Advocacy and legal services
[GLAD Law](#): Advocacy and legal services
[Lambda Legal](#): Advocacy and legal services
[National Center for Lesbian Rights](#): Advocacy and legal services
[Williams Institute](#): Legal services

SUPPORT GROUPS



- [JQ Support Groups](#): free virtual monthly drop-in support groups for LGBTQ+ Jews and allies
- [Gender Spectrum](#): Support for families, trans youth, and educators
- [Trans Youth Equality Federation](#): Support for families and trans youth
- [Trevor Project](#): Crisis services and support
- [Keshet's LGBTQ+ Jews of Color Programming](#): Join Keshet's monthly QJOC Kinship virtual support groups and check out our resources for LGBTQ+ Jews of Color

HEALTHCARE/MENTAL HEALTH



- [JQ Helpline](#): inclusive support and resources for LGBTQ+ Jews, their families, and allies.
- [Psychology Today](#): Can search for therapists that specialize in treatment for transgender patients
- [Elevated Access](#): Gender-affirming care
- [Point of Pride](#): Gender-affirming care
- [National Queer and Trans Therapists of Color Network](#): Network and directory for LGBTQ+ BIPOC therapists
- [HearMe x SAGE \(Advocacy & Services for LGBTQ+ Elders\)](#): An on-demand wellness app for seeking live, compassionate support

For more information on state services, click the link below:

<https://www.keshetonline.org/services-and-resources-for-trans-adults-and-families-of-trans-people/>

National Services and Resources for Trans People and Their Families Shared by Keshet

FINANCIAL/HOUSING/RELOCATION



[Trans Youth Equality Federation](#): Support for families and trans youth

[Funding resources](#): Emergency funds for relocating and supporting families and transgender individuals

[Trans Continental Pipeline](#): Moving assistance for LGBTQ+ people

[Mutual Aid Orgs](#): List of mutual aid organizations

[Human Rights Campaign List of Relocation Resources](#)

CRISIS SERVICES



- [Trevor Project](#): Crisis services and support
- [Trans Life Line](#): Crisis services salons and barbershops that have registered themselves as gender-affirming

ADVOCACY



- [Human Rights Campaign](#): Advocacy and resources
- [ACLU](#): Advocacy and legal services
- [GLAD Law](#): Advocacy and legal services
- [Lambda Legal](#): Advocacy and legal services
- [National Center for Lesbian Rights](#): Advocacy and legal services



LGBTQ+ ALLIES

BEING A BETTER ALLY

SUPPORTING THE TRANSGENDER PEOPLE IN YOUR LIFE: TIPS ON BEING A BETTER ALLY

INTERACTING WITH TRANSGENDER PEOPLE

- Use the language a transgender person uses for themselves.
- If you don't know what pronouns to use, ask.
- Be careful and considerate about what other questions you ask.
- Someone's transgender identity is their private information to share, or not.
- Avoid compliments or advice based on stereotypes about transgender people, or about how men and women should look or act.

BEING OUTSPOKEN

- Speak out in support of transgender people and transgender rights.
- Support transgender people who experience discrimination.
- Think about how you use gendered language.
- Learn about policies affecting transgender people.

CHANGING BUSINESS SCHOOLS AND MORE

- Rethink gender on forms and documents.
- Ensure everyone has access to bathrooms and other facilities.
- Push for support and inclusivity, not just "tolerance."
- Craft a transgender-inclusive nondiscrimination policy.
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CHANGING THE WORLD

- Call your elected officials and work to pass laws.
- Change the curriculum of medical, health, crisis response and social work programs.
- Work with schools, suicide prevention, HIV prevention and treatment, alcohol and drug abuse to ensure that they are safe, and their work is trans-inclusive.
- Work with police departments, jails and prison systems to ensure the respectful and safe treatment of transgender prisoners, and members of the public.

